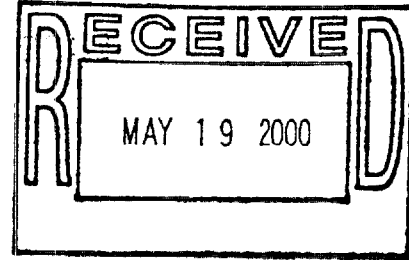




Partners in Health and Beauty

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



May 4, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statements on the labels of Lipoic Acid 50 mg and 100 mg Capsules. These statements are accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

**Alpha Lipoic Acid is an Antioxidant
Necessary for Carbohydrate Metabolism**

Sincerely,

Mark Gaeta
Chief Operating Officer

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